



VIVA
DAY SPA

MENU OF SERVICES



- R E L A X & U N W I N D -

MASSAGE



Release your stress and tension with a muscle-melting massage from Austin's award-winning day spa. Whether you prefer the gentle pressure of a Swedish massage or the structural release of deep pressure, Viva's massage treatments are always customized to meet your individual needs. All massages include a warm neck pillow, aromatherapy, and hot herbal steam towels on the neck and feet.

VIVA SIGNATURE MASSAGE | Swedish/deep tissue fusion massage with a full hot herbal steam towel treatment and a Magic Mint scalp treatment. 75 Minutes - **\$120** Add 30 Minutes for an extra **\$35**

SWEDISH MASSAGE | A luxurious massage technique that melts the muscles and the mind using long fluid strokes with varying pressure to improve muscle tone, circulation and joint flexibility.

30 Minutes - **\$60**, 45 Minutes - **\$75**, 60 Minutes - **\$95**, 75 Minutes - **\$115**, 90 Minutes - **\$130**

VIVA'S DEEP TISSUE MASSAGE | A fusion between Swedish massage and structural massage used to relieve aches and pains that are stored in the deepest parts of the muscles. Great for working out knots and alleviating the most stubborn tension and soreness.

30 Minutes - **\$70**, 45 Minutes - **\$85**, 60 Minutes - **\$105**, 75 Minutes - **\$125**, 90 Minutes - **\$140**

THE ESSENTIAL MASSAGE | A Swedish/deep tissue fusion massage. 20 minutes on head and neck, 20 minutes on back, 20 minutes on hands and feet. 60 Minutes - **\$105**

SPORTS MASSAGE | A brisk version of Swedish massage that helps athletes or weekend warriors prepare for peak performance, prevent injuries and flush lactic acid to relieve soreness from training.

30 Minutes - **\$70**, 45 Minutes - **\$85**, 60 Minutes - **\$105**, 75 Minutes - **\$125**, 90 Minutes - **\$140**

PREGNANCY MASSAGE | A therapeutic massage designed to focus on the special needs of a mother-to-be as her body changes during pregnancy. Helps reduce swelling and relieve aches and pains, as well as provide emotional support during pregnancy. Just what every new mother needs!

30 Minutes - **\$70**, 45 Minutes - **\$85**, 60 Minutes - **\$105**, 75 Minutes - **\$125**, 90 Minutes - **\$140**

HOT STONE MASSAGE | Combines unique techniques that incorporate hot basalt river stones, warm oil and massage to unravel tension in the body for a highly relaxing experience. 90 Minutes - **\$150**

VIVA SHIVA 4 HANDED MASSAGE | Two therapists, 4 hands - need we say more? 60 Minutes - **\$175**, 90 Minutes - **\$235**

THE FOOT RITUAL | For the ultimate pampering for those tired feet. This 30 minute foot-focused treatment includes Magic Mint foot reflexology, a Foot Massage, Reflexology, Warm Foot Scrub and Moisturize. 30 Minutes - **\$55**

ENHANCE YOUR MESSAGE

Hot Herbal Steam Towel Treatment	\$10	15 Minute Lavender Scalp Treatment	\$25
Express Magic Mint Foot Reflexology	\$10	15 Minute Warm Salt Foot or Back Scrub with Essential Oils	\$25
Hand or Foot Hydration Treatment	\$10	Sauna Time with Cool Peppermint Towel & Hot Herbal Steam Towel Treatment in Room	\$30
Full Body Dry Brush Exfoliation & Take Home Dry Brush	\$15	15 Minute Mini Hot Stone Treatment	\$35
Custom Comfort - 15 Minutes Extra Massage for Any Body Part	\$20	30 Minute Viva Foot Ritual - Foot Massage, Reflexology, Warm Foot Scrub & Moisturize	\$55
15 Minute Viva Magic Mint Scalp Treatment	\$25		

- R E N E W Y O U R B O D Y -

BODY TREATMENTS



BODY WRAPS

All body wraps include a relaxing scalp massage, a warm neck pillow and a full body dry brushing treatment to exfoliate the skin and increase circulation, as well as a complimentary take home gift of a natural bristle dry brush.

PURIFYING DETOX WRAP | Tackles toxins and water retention with a therapeutic blend of essential oils that leaves the body replenished and moisturized. Served with detox tea. **\$80**

VIVA'S CUSTOM WHIPPED HYDRATING BODY BUTTER WRAP | A warm cocoon of moisture that envelops the body to deeply nourish and revive thirsty skin. Your choice of Viva's very own custom whipped body butter blends: Lavender Lotus, Dreamsicle (orange/vanilla), Oh So Coconut-Vanilla, Gingerizer (ginger/peppermint) or Sublime Ginger/Lime. **\$75**

ENHANCE YOUR BODY TREATMENT EXPERIENCE

45, 60 or 90 Minutes of Massage	\$75-\$140
60 Minute Viva Custom Designer Facial	\$95
30 Minute Viva Foot Ritual	\$55
Magic Mint Foot Reflexology Treatment, Extra 15 Minute Foot Massage with Hydration Treatment & Warm Foot Salt Scrub	
Sauna Time with Cool Peppermint Towel & Hot Herbal Steam Towel Treatment in Room	\$30
15 Minute Warm Salt Foot or Back Scrub with Essential Oils	\$25
Hot Herbal Steam Towel Treatment	\$10
Express Magic Mint Foot Reflexology	\$10

SALT OR SUGAR BODY GLOWS

An exfoliation experience! Ahhhhh! All Body Glows include a relaxing scalp massage, a warm neck pillow and a hot herbal steam towel treatment. Sure to brighten up your skin and leave you smooth, silky and GLOWING!

Polish the body and shed away old skin with your choice of warm salts or sugars combined with one of Viva's very own custom blends. Your choice of: Lavender Lotus, Dreamsicle (orange/vanilla), Oh So Coconut-Vanilla, Gingerizer (ginger/peppermint) or Sublime Ginger/Lime. **\$75**

*Please refrain from shaving 24 hours prior to receiving a SALT glow (does not apply to sugar glow).

ENHANCE YOUR GLOW

45, 60 or 90 Minutes of Massage	\$75-\$140
60 Minute Viva Custom Designer Facial	\$95
Sauna Time with Cool Peppermint Towel & Hot Herbal Steam Towel Treatment in room	\$30
Express Magic Mint Foot Reflexology	\$10

- RESTORE YOUR GLOW -

SKIN CARE



FACIALS

Our professional facials and skin care services are customized to meet your individual needs and skin type. At Viva Day Spa, we've carefully selected SkinCeuticals and Eminence Organics as our primary skin care lines, and use them exclusively in all of our facials. All facials also include a warm neck pillow and a thorough skin care analysis by our expert aestheticians.

THE VIVA VITAL ULTIMATE FACIAL PACKAGE | This facial gets down to the nitty-gritty to tackle ALL your skin care needs! This combination of treatments include a thorough analysis of your skin followed by everything in our arsenal to tackle your specific skin care needs including dual cleansers, exfoliation, steam, enzyme mask, extractions, a custom mask, Vitamin C serum, intense moisturizing and sun protection. In addition, you will receive a lip and eye treatment, full face microdermabrasion, hand hydration treatment, and a relaxing neck and shoulder massage. Get that Viva Glow! 1 Hour 30 Minutes - **\$170**
With all organic products - **\$180**

PURGE YOUR PORES DEEP CLEANSING FACIAL | The acne eliminator! This facial includes salicylic cleansers, exfoliation, steam and a variety of serums to dissolve sebum and fight free radicals. We also include multiple masks to blast oil and purge impurities, as well as calming agents and cold compresses to mellow out and clarify the skin. This facial would not be complete without extra extraction time, moisturizer that won't leave you oily, UV protection and a relaxing neck and shoulder massage. Wow, what a difference! 1 Hour 25 Minutes- **\$125**
With all organic products - **\$135** Add microdermabrasion for **\$55**

ORGANIC FIRE AND ICE FACIAL | This warming and cooling stimulating anti-aging facial will leave your skin glowing, toned, detoxified and firm. This facial is packed with anti-oxidants, skin nutrients, alpha-lipoic acid and CoQ10 that are sure to leave your skin clear, refined and regenerated. A perfect wake up call for your skin! 1 Hour - **\$125**
With all organic products - **\$135**

THE DIAMOND EXPRESS FACIAL - MICRODERMABRASION PLUS | Utilizing the latest crystal free, diamond tip microdermabrasion technology. This powerful treatment improves the appearance of skin texture, large pores, acne and acne scarring, dry or dull patches, sun spots, age spots, rough skin, clogged pores, stretch marks, uneven skin tone, fine lines and wrinkles. A perfect skin polish that includes a light cleansing, 1-2 passes of full facial diamond tip microdermabrasion treatments, deep hydration and sun protection. Who needs diamonds, with skin like this? 30 Minutes - **\$110** With all organic products - **\$120**

The Diamond Express can also be performed on:
Hands - **\$35** Lower Abdomen - **\$40** Upper Arms - **\$50**
Neck and Décolleté - **\$55** Buttocks - **\$70**
Thighs - **\$70 and up** Back and Shoulders - **\$80**

For optimal results, a series of 6 Diamond Express Facials is recommended. Buy 5 Diamond Express Facials and receive the 6th for free.

FOR YOUR HEALTH: We do not perform Peels or Microdermabrasion on pregnant women or guests who are using Retin A, Accutane, Avage, Tazorac, Differin or any other medication that increases skin exfoliation or compromises the skin. The Diamond Express Facial cannot be performed on people who have recently had laser treatments, waxing, plastic surgery or sun burn.

VIVA FOUNTAIN OF YOUTH FACIAL | Firming and anti-aging. Ideal for clients who desire luminous, hydrated, firmer skin, and want it NOW! Elevate your skin to a new level with a combination of vitamin C and B5 serums, and dual task masks to fight wrinkles and fine lines. Our results oriented cleansers, toners and moisturizers will protect your skin leaving it dewy and youthful. Also includes extractions, neck and shoulder massage, eye balm, lip repair and sun protection. Immediate gratification for the woman who just can't wait! 1 Hour - **\$115** With all organic products - **\$125**

VIVA CUSTOM DESIGNER FACIAL | Made to fit... especially for you! DELIBERATE - on your skin care needs. DETERMINE - the best cleansers, masks and serums for your skin type. DEFINE - new ways to care for your skin. Includes dual cleansers, steam, exfoliation, masks, extractions, hydration, sun protection and a relaxing neck and shoulder massage. Ahhhhhh... DIVINE! 1 Hour - **\$95** With all organic products - **\$105**
Add an extra 15 minutes of extractions for **\$30** Add microdermabrasion for **\$55**

THE MANDATORY FACIAL | For that handsome hunk! Deep pore cleansers, exfoliators and masks strong enough for a man mixed with man strength serums and moisturizers to leave your skin purged of impurities and looking youthful. Also includes hot steam towels, extractions and a relaxing neck and shoulder massage. Great for treating ingrown hair. Mantastic! 1 Hour - **\$95** With all organic products - **\$105**

SPECIAL EVENT FACIAL | A breathtaking beauty boost for the belle (or beau) of the ball, our premium facial minimizes fine lines and dark circles, brightening the skin for a truly transformative treatment. The perfect combination of cleansers, toners, serums, moisturizers, pore-minimizing and hydrating masks will plump and pamper your skin, leaving you looking and feeling luxurious. This intensive regiment also includes an emollient organic eye treatment and an exfoliating organic lip treatment, as well as a relaxing neck and shoulder massage to get you ready for that stroll down the red carpet. Ready for your close-up? 1 Hour - **\$95** With all organic products - **\$105**

NOTE: No extractions will be performed during this facial.

TEEN DREAM FACIAL | TACKLE - toxins, oil and congestion with dual cleansers, exfoliation, steam, extractions and dual masks. TAME - inflammation and acne with super serums, non oily hydrating B5 gel, lip and eye balm and sun protection. TEACH - includes a thorough skin analysis as well as crucial skin care secrets for life long glowing skin. Being a teen just got better! 1 Hour - **\$95** With all organic products - **\$105**
Add an extra 15 minutes of extractions for **\$30** Add microdermabrasion for **\$55**

BACK TO BEAUTY BACK TREATMENT | Great for that little backless dress! A deep cleansing treatment that specifically targets your individual back needs. Includes a hot herbal steam towel treatment, salicylic cleansers, toning, exfoliation, a mud mask, extractions, moisturizers and sun protection. For a back so beautiful you'll be doing back flips! 45 Minutes - **\$90**
With all organic products - **\$100**
Add an extra 15 minutes of extractions - **\$30** Add microdermabrasion for the shoulders - **\$55**
Add microdermabrasion for the back and shoulders - **\$80**

TAKE 10 FOR THE SKIN CALMING FACIAL | Purrrrfect for rosacea and acne-prone skin. Lull your skin into a tranquil state with a gentle cleansing, toning and vitamin C mask. Pacify rosacea and acne with serums to quell reactive skin. Also includes oil-free intense moisturizer, sun protection, lip and eye balms and a relaxing neck and shoulder massage. Leaves your skin purrrring like a kitten. 45 Minutes - **\$85** With all organic products - **\$95**

NOTE: No extractions will be performed during this facial.

VIVA EXPRESS FACIAL | For that quickie cleanse and moisture infusion when you just don't have time for the full throttle facial. This facial includes dual cleansers, toner, steam, exfoliation, moisturizer and sun protection. Refreshing! 30 Minutes - **\$70** With all organic products - **\$80**

PEELS

Take your skin care to the next level with our advanced assortment of peels by SkinCeuticals and Eminence. We have just the right treatment for any skin type. All peels also include a warm neck pillow and a thorough skin care analysis by our expert aestheticians.

PEACEFUL PEEL This treatment includes a Viva express facial with the addition of a glycolic or salicylic peel that is formulated with Mediterranean apple vinegar, apricot and peach extracts.

Increases moisture levels, accelerates the cell renewal process, stimulates collagen and improves skin elasticity. Leaves your skin smooth, even and at peace! 30 Minutes - **\$100**

Add chest, neck & décolleté peel for **\$50**

For optimal results, a series of 6 Peaceful Peels is recommended. Buy 5 Peaceful Peels and receive the 6th for free.

ORGANIC YAM & PUMPKIN PEEL | This treatment includes a Viva express facial with the addition of a 20% glycolic yam & pumpkin enzyme peel. The organic yam & pumpkin peel is a highly active refining and collagen boosting treatment which exfoliates skin without irritation while infusing the skin with active vitamins and bioflavonoids. This deeply hydrating treatment leaves the skin plumper and more refined, while also assisting in the correction of hyper-pigmentation. The organic yam & pumpkin peel is the ultimate age-defying facial. This all natural facial sure does pack a punch! 30 Minutes - **\$110**

Add chest, neck & décolleté peel - **\$50**

For optimal results, a series of 6 Organic Yam & Pumpkin Peels is recommended. Buy 5 Organic Yam & Peaceful Peels and receive the 6th for free.

ALPHA-BETA PEEL | Ideal for all skin conditions, this advanced treatment augments our Viva express facial with the unique combination of both alpha and beta hydroxy acids, while time-released retinol accelerates skin resurfacing and aids in correcting unwanted hyper-pigmentation and hormonal breakouts. In addition to refining and clarifying the skin, the alpha-beta peel helps your skin's surface appear more luminous and visibly even in tone and texture. It's a must-do treatment for aging and sun-damaged skin. 45 Minutes - **\$125**

For optimal results, a series of 6 Alpha-Beta Peels is recommended. Buy 5 Alpha-Beta Peels and receive the 6th for free.

PIGMENT BALANCING TREATMENT Our most advanced, medical-grade corrective peel, our pigment balancing treatment is designed to conquer resistant hormonal pigmentation and sun damage. This treatment lightens and reduces existing hyper-pigmentation, improves overall skin tone, and protects your skin from future discolorations without the potentially harmful side-effects of bleaching agents. Ideal for aging, sun damaged or mature skin in combination with the peaceful peel, alpha-beta peel or alone, the unique combo of clinical grade alpha hydroxy acids, brightening antioxidants and pigment correcting botanicals make the pigment balancing treatment the ultimate solution for uneven skin tone and texture. 30 Minutes - **\$150**

For optimal results, a series of 6 Pigment Balancing Treatments is recommended. Buy 5 Pigment Balancing Treatments and receive the 6th for free.

FOR YOUR HEALTH: We do not perform peels or microdermabrasion on pregnant women or guests who are using Retin A, Accutane, Avage, Tazorac, Differin or any other medication that increases skin exfoliation or compromises the skin. Peels cannot be performed on people who have recently had laser treatments, plastic surgery, or sun burn.

ENHANCE YOUR SKIN TREATMENT

Upgrade any Facial to Organic	\$10	Glycolic or Salicylic Peel	\$40
Hand Hydration Treatment	\$10	Organic Yam & Pumpkin Enzyme Peel ..	\$45
Organic Exfoliating Lip Treatment	\$12	Organic Blueberry Detox Peel	\$45
Organic Emollient Eye Treatment	\$15	Organic Arctic Berry Peptide Peel	\$55
15 Minute Lavender Scalp Treatment ..	\$25	Neck, Chest and Décolliete Peel	\$50
15 Minutes of Extractions	\$30	Face Microdermabrasion	\$55

spa
P A C K A G E S



THE HEAD TRIP | A no-brainer for headache relief! Massage intensive with Viva's very own Lavender Lotus Body Butter using techniques to melt headache pain and tension.

Includes a 60 minute intensive upper body massage, hot steam towels, express reflexology points for headache relief on hands and feet, and cranial scalp massage with Viva's Magic Mint invigorating scalp massage oil. Served with peppermint tea and chocolates.

80 Minutes - **\$140** Add an extra 15 Minutes of massage - **\$20**

Add Sauna Time with Cool Peppermint Towel & full Hot Herbal Steam Towel Treatment in room - **\$30**

THE MANDATORY SPA PACKAGE | Man heaven! You'll start out in our sauna to sweat out toxins and warm up the muscles. You will then receive a 60 minute deep tissue massage with a hot herbal steam towel treatment to target areas of stress and relieve tension, an invigorating Magic Mint scalp treatment to leave your mind worry-free, your choice of a warm back or foot salt scrub and an energizing express reflexology treatment to work over and revive tired, aching feet. Served with green tea and chocolates. Sure to tame even the manliest of men!

95 Minutes - **\$175** Add a MANDATORY Facial - **\$95**

Add a MANi-Cure (Express Viva Manicure) - **\$35**

MOTHER NURTURE SPA PACKAGE | Also known as "Mamma needs some lovin' spa package". Begin with a dry brush treatment to exfoliate the body and facilitate circulation. Next receive a 60 minute massage (prenatal, deep tissue or Swedish) with oils of lavender, grapefruit, coriander and vitamin E (pregnancy safe) and a hot herbal steam towel treatment. Following your massage, you will be lightly wrapped in a comforting cocoon and your scalp will be gently massaged with lavender oil to allow mamma to drift away... You will be awakened with a warm cocoa butter foot hydration treatment and left feeling calm and nurtured. Served with pregnancy blend tea or your tea of choice, chocolates and a take home gift of a natural bristle dry brush. If mama ain't happy, ain't nobody happy! 95 Minutes - **\$185**

Add a Deluxe Viva Pedicure - **\$65** Add a Deluxe Viva Manicure - **\$45**

Add a Viva Custom Organic Facial - **\$105**

RUNNER'S RELIEF SPA PACKAGE | Designed with the athlete in mind! Begin with time to unwind in our infrared sauna while the body flushes out lactic acid from overused muscles. You will then receive a full body dry brush treatment to help aid in lymphatic drainage. Hot steam towels will then be applied to sore muscles to reduce pain and fatigue followed by a brisk 60 minute arnica oil massage with special attention paid to the legs, hips and back. Ending with Viva's very own foot ritual which includes Magic Mint foot reflexology, 15 minute foot massage with hydration treatment, and a warm foot salt scrub on the feet to help facilitate chi flow throughout the body. Served with detox tea, chocolates and a take home gift of a natural bristle dry brush. You'll be running back for more!

110 Minutes - **\$195** Add 30 Minutes of massage - **\$35**

SPA PACKAGES CONT.

THE VIVA BODY BUFFET | Begin with sauna time to unwind. Then receive a special assortment of Viva's pampering treatments including an invigorating exfoliating dry brush treatment, a well deserved 30 minute massage and a cozy body wrap of your choice. While wrapped you will receive a Viva Magic Mint scalp treatment to ease your mind. This perfect sampling is topped off with an express facial to leave you feeling satiated! Served with your choice of tea, chocolates and a take home gift of a natural bristle dry brush. A little of this and a little of that adds up to a lot of relaxation! 2 Hours 15 Minutes - **\$225**

Add 30 Minutes of massage - **\$35** Upgrade to a Viva Custom Designer Facial - **\$25**

Add an Express Viva Manicure and Pedicure Combo - **\$80**

DELICIOUS DUET SPA PACKAGE | Great for one, better for two! Duet suite available! Kiss your stress goodbye with this tasty package. Start out by spending quality time together detoxifying in our infrared sauna. Then you will be whisked away to receive a full body dry brush exfoliation treatment, a delicious 75 minute Swedish massage using Viva's very own Oh So Coconut-Vanilla Whipped Body Butter, and a hot steam towel treatment to melt away your tension. You will also receive a warm cocoa butter hand hydration treatment, a cozy hydrating body wrap, a Viva Magic Mint scalp treatment and a warm sugar foot scrub to make you feel new from head to toe. Served with hot spiced chai, chocolates and a take home gift of a natural bristle dry brush. Mmmmm, Vivalicious! 2 Hours 20 minutes - **\$225 Single/\$425 for Two**

Add 30 Minutes of massage - **\$35** Add a Viva Custom Designer Facial - **\$95**

Add a Deluxe Viva Pedicure - **\$65**

CELEBRATION SPA PACKAGE | Whether a birthday, anniversary, engagement— or any special day — mark the occasion with this super-duper spa package experience. Your personal party-for-one begins with a 60 minute Swedish massage, with an extra 15 minutes of warm stone massage on the back, neck and shoulders to melt tension away. The celebration continues with a "made to fit" Viva custom designer facial to make you feel extra-exceptional on your extra-special day. And don't forget those toes—they need attention too! End your treatment with Viva's 60 minute deluxe pedicure, sipping wine, eating chocolates and raising a toast...to yourself! A splendid way to celebrate you! 3 Hours 45 Minutes - **\$260**

MISS BLISS DELUXE BRIDAL PACKAGE | Tailor made for the blushing bride-to-be and her bridal party, or to beautify for any special occasion. After being spoiled at Viva for 4 1/2 fantastic hours, you'll walk down the aisle feeling like a new woman! First, have your tension whittled away with a 45 minute Swedish massage and hot herbal steam towel treatment. While you envision your grand entrance, your therapist will perform a 15 minute Magic Mint scalp massage. Next, you'll shed that old skin and prepare for your new life with a full body salt or sugar glow—with your choice of flavor. This bountiful beautification treatment continues with Viva's very own special event facial, making your skin extra-radiant. This divine package ends with a 75 minute express mani/pedi combo, including your choice of wine, hot tea and chocolates...a fitting end to your delicious escapade. Here comes the bride to de-stress and unwind! 4 Hours 15 Minutes - **\$315**

Upgrade to Deep Tissue, Sports or Pregnancy Massage - **\$10**

Upgrade to French or American on Hands or Feet - **\$10**

Upgrade to a Viva Deluxe Mani and Pedi Combo - **\$25**

30 Extra Minutes of Massage - **\$35**

THE ROYAL TREATMENT | Double the indulgence - Two therapists - Two hours!! Starts with the application of hot herbal steam towels to primary stress zones. Then, 2 therapists (4 hands) will whittle away a lifetime of worries with a 60 minute Viva Shiva 4 Handed massage. Next, one therapist will massage your scalp using Viva's Magic Mint scalp massage oil while the other will focus on pressure points on the feet to unwind and restore the body's chi. Finally, your therapists will slough off what remains of the old you with a full body sugar or salt glow of your choice. After showering, you will be served hot spiced chai and chocolates. Complete surrender. That's the only way to describe this experience! 110 Minutes - **\$299**

THE PURIFICATION RITUAL SPA PACKAGE | Exorcise your toxins! This super strength atonement is especially designed for the spa connoisseur. Begin with time in our infrared sauna, then receive a full body dry brush exfoliation to increase circulation and lymphatic flow. Next, a tension melting 90 minute hot stone massage and a hot herbal steam towel treatment targets areas of stress and absolves pain. Following, you will receive a detoxifying wrap with oils that abolish toxins stored deep within muscles and organs, a stimulating Viva Magic Mint scalp treatment to eradicate tension in the cranial area and an invigorating foot reflexology treatment to release blocked energy within your body. Your experience continues with a "made to fit" Viva custom designer facial. You will be served detox tea, chocolates and a take home gift of a natural bristle dry brush as a reward for all your hard work. You have been liberated! 3 Hours 30 Minutes - **\$345**

THE VIVA DIVA | If only the best will do! This Diva journey will sweep you away to a worry free zone and transform you into a true Viva Diva. This package begins with time in our state of the art infrared sauna followed by a full body glow to exfoliate dry skin. Next you will receive a hot herbal steam towel treatment which will melt away your tension and relax your mind followed by a relaxing 60 minute Swedish massage. Just when you thought it couldn't get any better, you will be cocooned in a deeply hydrating body wrap made with your choice of one of Viva's very own Custom Whipped Body Butter Blends. Drift away into slumber while we gently massage your scalp with Viva's Magic Mint massage oil. Once you are unwrapped you will receive an express foot reflexology treatment to stimulate chi flow and awaken the body. You will be served a delicious lunch to refuel the body. After lunch you will receive a Viva custom designer facial which is "made to fit" your skin care needs. Ending with a deluxe Viva manicure coupled with a deluxe viva pedicure. For dessert, you will be served white wine and chocolates. Transformation complete. You have just been VIVAFIED!!!! 6 Hours 30 Minutes - **\$459**

voted best
spa package
in Austin
by Austin
Monthly

ENHANCE YOUR SPA PACKAGE EXPERIENCE

30 Extra Minutes of Massage	\$35 *
Upgrade to Deep Tissue, Sports or Pregnancy Massage	\$10
Express Facial	\$70
Custom Designer Facial	\$95
Deluxe Viva Pedicure	\$65
Express Viva Pedicure	\$55
Deluxe Viva Manicure	\$45
Express Viva Manicure	\$35

*for Spa Packages with 30 or 60 minute massages only

TINTING



Eye Brow Tint \$25 Eye Lash Tint \$30

HAIR REMOVAL



	Wax	Sugar
Arm (Full)	\$50	\$60
Arm (Half)	\$40	\$45
Back	\$70	\$80
Bikini	\$45	\$50
Racey Bikini	\$60	\$65
Brazilian	\$70	\$80
Brazilian Touch-Up*	\$60	\$65
Brow	\$20	\$22
Brow Shaping	\$25	\$30
Chest	\$75	\$85
Chin	\$15	\$18
Face (Side)	\$25	\$30
Face (Full)	\$60	\$70
Leg (Half)	\$50 & up	\$60 & up
Leg (Full)	\$80 & up	N/A
Leg (Full) & Bikini	\$120 & up	N/A
Leg (Full) & Brazilian	\$145 & up	N/A
Lip	\$15	\$18
Stomach	\$25	\$30
Underarms	\$35	\$40

* Must be booked within 4 weeks of previous service

FOR OPTIMAL HAIR REMOVAL RESULTS: Hair should be between ¼" and ½" in length. If your hair is longer, we recommend trimming prior to your appointment. After hair removal, we recommend avoiding sun exposure and excessive sweating to lessen the chances of bacterial infection.

FOR YOUR HEALTH AND COMFORT: We do not wax or sugar guests who are using Retin A, Accutane, Avage, Tazorac, Differin or any other medication that increases skin exfoliation or compromises the skin. Also, waxing or sugaring cannot be performed on people who have recently had laser treatments, plastic surgery, or sunburn.

- P O L I S H U P -

NAILS



Natural Nails for Hands and Feet - Pamper Your Paws! Pamper your hands and feet with a variety of luxurious natural nail treatments. Our nail treatment facility is on the cutting edge of comfort and hygiene. Simply the best nail services Austin has to offer! All nail services include a warm neck pillow, white wine and fine chocolate, Vivalicious!!

HANDS

BUFF AND POLISH CHANGE | A quick fix. Light cuticle maintenance plus nail buffing and a polish change. 15 Minutes - **\$20**

EXPRESS VIVA MANICURE | Great for those on the go. This basic manicure includes a hand soak, nail shaping, cuticle care, buffing, a relaxing hand massage with warm cream and long lasting polish of your choice. Buffing to a natural gloss is available if you do not desire polish. 30 Minutes - **\$35**

DELUXE VIVA MANICURE | The supreme hand experience. This ultimate hand pampering includes a warm hand soak, a warm invigorating sugar exfoliation and a hot steam towel treatment. Also includes extended nail shaping, cuticle care, buffing, warm cream hand massage and long lasting polish of your choice. Buffing to a natural gloss is available if you do not desire polish. 1 Hour - **\$45**

EXPRESS VIVA MANICURE AND PEDICURE COMBINATION | Viva's express manicure and express pedicure combination. 1.25 Hours - **\$80**

DELUXE VIVA MANICURE AND PEDICURE COMBINATION | Viva's deluxe manicure and deluxe pedicure combination. 2 Hours - **\$105**

FEET

BUFF AND POLISH CHANGE | A quick fix. Light cuticle maintenance plus nail buffing and a polish change. 15 Minutes - **\$25**

EXPRESS VIVA PEDICURE | A quick fix when you don't have time for the Deluxe. Relax on our deluxe pedicure throne with a warm neck pillow and soak your feet in a whirlpool foot bath while sipping on a glass of white wine, or any one of our selection of beverages. Also includes nail shaping, foot filing, cuticle care, a moisturizing foot massage and long lasting polish of your choice or buff to a natural gloss. 45 Minutes - **\$55**

DELUXE VIVA PEDICURE | The supreme foot overhaul! Relax on our deluxe pedicure throne with a warm neck pillow and soak your feet in a whirlpool foot bath while sipping on white wine and eating fine chocolate. Includes detailed nail shaping, extended foot filing, cuticle care and a warm cream foot massage. Features a hot herbal steam towel treatment, an exfoliating warm sugar glaze for feet and calves, plus long lasting polish or buff to a natural gloss. Sure to put the bounce back into your step! 1 Hour - **\$65** Add an extra 15 minutes of foot filing for dry, cracked heels - **\$15**

ENHANCE YOUR NAIL TREATMENT

French or American Polish for Hands or Feet	\$10
15 Extra Minutes of Foot Filing for Dry, Cracked Heels	\$15
15 Extra Minutes of Hand or Foot Massage	\$20
Massage with Warm Stones on Feet and Calves	\$20
Seaweed Masque for Hands and Forearms or Feet and Calves	\$20

VIVA

DAY SPA

VIVA ON 35TH

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Open Everyday - 9am - 8pm

www.vivadayspa.com

CANCELLATION POLICY:

We require 48 hours notice for cancellation of treatments. For groups of 3 or more, we require 72 hours notice for cancellation of treatments. We reserve the right to charge up to the full service amount for all missed appointments or late cancellations. A credit card number is required to hold your reservation.