

RELAX & UNWIND

MASSAGE

Release your stress and tension with a muscle-melting massage from Austin's award-winning day spa. Whether you prefer Swedish massage or the structural release of deep tissue, Viva's massage treatments are always customized to meet your individual needs. All massages include a warm neck pillow, aromatherapy and hot herbal steam towels on the neck and feet.

VIVA SIGNATURE MASSAGE | Swedish/Deep Tissue Fusion Massage with a full Hot Herbal Steam Towel Treatment and a Magic Mint Scalp Treatment.
75 Minutes - **\$140** ADD 15 MINUTES FOR AN EXTRA \$25

SWEDISH MASSAGE | A luxurious massage technique that melts the muscles and the mind using long fluid strokes with varying pressure to improve muscle tone, circulation and joint flexibility.

30 Minutes - **\$70** 45 Minutes - **\$90** 60 Minutes - **\$110** 75 Minutes - **\$130** 90 Minutes - **\$150**

DEEP TISSUE MASSAGE | Structural massage used to work out knots and relieve aches and pains stored in the deepest parts of the muscles.

30 Minutes - **\$80** 45 Minutes - **\$100** 60 Minutes - **\$120** 75 Minutes - **\$140** 90 Minutes - **\$160**

SPORTS MASSAGE | A brisk Swedish massage targeted to flush lactic acid for pre and post athletic events and trainings.

30 Minutes - **\$80** 45 Minutes - **\$100** 60 Minutes - **\$120** 75 Minutes - **\$140** 90 Minutes - **\$160**

PRENATAL MASSAGE | Pregnancy safe Swedish massage that focuses on reducing swelling as well as relieving aches and pains for a mother-to-be.

30 Minutes - **\$80** 45 Minutes - **\$100** 60 Minutes - **\$120** 75 Minutes - **\$140** 90 Minutes - **\$160**

DELUXE VIVA ROCKS MASSAGE | Viva's signature Hot Stone Massage. This muscle melting massage uses warm basalt river stones combined with traditional massage techniques (your choice of Swedish or Deep Tissue). Also includes Viva's Magic Mint Scalp Treatment and Hot Herbal Steam Towel Treatment for a highly relaxing experience. 90 Minutes - **\$170**

ASHIATSU MASSAGE | A barefoot massage technique using deep gliding pressure over the body. Bars overhead are used by the therapist throughout your session for balance and support. This translates to a deeper relaxation with gliding strokes that stimulate the lymphatic system, creating a full-body calmness and well-being. This unique style of massage helps to relieve pressure and elongate the spine, as well as improve posture, flexibility and range of motion.
60 Minutes - **\$130** 75 Minutes - **\$150** 90 Minutes - **\$170**

VIVA SHIVA 4 HANDED MASSAGE | Two therapists, four hands - need we say more? 60 Minutes - **\$200** 90 Minutes - **\$270**

THE FOOT RITUAL | For the ultimate pampering for those tired feet. This 30 minute foot-focused treatment includes Magic Mint Foot Reflexology, a Warm Foot and Calf Scrub and Warm Cocoa Butter Foot Massage. 30 Minutes - **\$75**

ENHANCE YOUR MASSAGE

Hot Herbal Steam Towel Treatment \$12

Express Magic Mint Foot Reflexology \$12

Hand or Foot Hydration Treatment \$12

Full Body Dry Brush Exfoliation & Take Home Dry Brush \$15

15 Minutes Extra Massage for Any Body Part \$25

15 Minute Viva Magic Mint Scalp Treatment \$30

15 Minute Lavender Scalp Treatment \$30

CBD Massage \$30

15 Minute Warm Foot & Calf Sugar Scrub with Essential Oils \$30

15 Minute Warm Back and Shoulder Sugar Scrub with Essential Oils \$30

Sauna Time with Cool Peppermint Towel & Hot Herbal Steam Towel Treatment in Room \$40

15 Minute Mini Hot Rock Treatment \$40

30 Minute Viva Foot Ritual - Reflexology, Warm Foot & Calf Scrub and Cocoa Butter Foot Massage \$75

RESTORE YOUR GLOW

SKIN CARE

FACIALS

Our professional facials and skin care services are customized to meet your individual needs and skin type. At Viva Day Spa, we've carefully selected SkinCeuticals and Eminence Organics as our primary skin care lines, and use them exclusively in all of our facials. All facials also include a warm neck pillow and a thorough skin care analysis by our expert estheticians.

THE VIVA VITAL ULTIMATE FACIAL PACKAGE | This facial gets down to the nitty-gritty to tackle ALL of your skincare needs! The Viva Vital includes a thorough skin analysis followed by everything in our arsenal: dual cleansers, exfoliation, steam, enzyme mask, extractions, a custom mask, Vitamin C serum, intense moisturizing and sun protection. In addition, you will receive a lip and eye treatment, full face microdermabrasion *or* peel*, hand hydration treatment, and a relaxing arm, neck and shoulder massage. Get that Viva Glow!
90 Minutes - **\$190** With all organic products - **\$202**

RED CARPET BRIGHTENING TREATMENT | This highly effective 30 minute treatment offers the most bang for your buck! The Red Carpet Treatment promises to renew and brighten your skin immediately while balancing moisture, sloughing off dead skin cells, removing vellus hair and gently cleansing away any impurities so your makeup goes on smoother and your skin is completely refreshed. This treatment uses a proprietary brightening solution in combination with a dermaplaning treatment. For best results, this treatment should be performed 3-7 days prior to an event. 30 Minutes - **\$150**

**choose from Skin Care Enhancement menu*

ORGANIC FIRE AND ICE FACIAL | This warming and cooling, stimulating and anti-aging facial will leave your skin glowing, toned, detoxified and firm. It's packed with anti-oxidants, skin nutrients, alpha-lipoic acid and CoQ10 that are sure to leave your skin clear, refined and regenerated. Also includes a relaxing arm, neck and shoulder massage. A perfect wake up call for your skin! 60 Minutes - **\$145**

VIVA FOUNTAIN OF YOUTH FACIAL | Firming and anti-aging. Ideal for guests who desire luminous, hydrated, firmer skin, and want it NOW! Elevate your skin to a new level with a combination of vitamin C and B5 serums, and dual task masks to fight wrinkles and fine lines. Our results oriented cleansers, toners and moisturizers will protect your skin leaving it dewy and youthful. Also includes steam, extractions, arm, neck and shoulder massage, eye balm, lip repair and sun protection. Immediate gratification for the woman who just can't wait!
60 Minutes - **\$135** With all organic products - **\$147**

VIVA CUSTOM DESIGNER FACIAL | Made to fit... especially for you! Includes dual cleansers, steam, exfoliation, masks, extractions, hydration, sun protection and a relaxing arm, neck and shoulder massage. Just what you need for your specific skincare needs!
60 Minutes - **\$115** With all organic products - **\$127**
75 Minutes for a Deep Pore Cleansing Facial - **\$145**
With all organic products - **\$157**
45 Minutes for a Back and Shoulders Facial - **\$110**
With all organic products - **\$122**

THE MANDATORY FACIAL | For that handsome hunk! Deep pore cleansers, exfoliators and masks strong enough for a man mixed with man strength serums and moisturizers to leave your skin purged of impurities and looking youthful. Also includes hot steam towels, extractions and a relaxing neck and shoulder massage. Great for treating ingrown hair. Mantastic!
60 Minutes - **\$115** With all organic products - **\$127**

VIVA EXPRESS FACIAL | For that quickie cleanse and moisture infusion when you just don't have time for the full throttle facial. This facial includes dual cleansers, toner, steam, exfoliation, moisturizer and sun protection. Refreshing! 30 Minutes - **\$80** With all organic products - **\$92**

Take your skin care to the next level with our advanced assortment of peels by SkinCeuticals and Eminence. We have just the right treatment for any skin type. All peels also include a warm neck pillow. Our expert estheticians will perform a thorough analysis and recommend the best peel for your skin care needs.

ADVANCED CORRECTIVE PEEL | This new treatment is the deepest and most advanced peel that we offer. The Advanced Corrective Peel works in the lowest (basal) layer of the epidermis, where live tissue, pigmentation, and age spots dwell. The unique combination of ingredients slough off even the most stubborn pigmentation, delivers very predictable results, and is safe for all skin types. This will make you peel; expect up to 5–7 days of social downtime. 30 Minutes - **\$195**

MICROPEEL (SKIN SENSITIVE OR GLYCOLIC 20% / 30%) | This two-step procedure combines Dermaplaning (skin resurfacing), Skin Sensitive Solution Glycolic 20%/30% chemical peel solution, and post healing medical grade products. It may be customized to accommodate all skin types. The Micropeel is ideal for reducing the appearance of fine lines and wrinkles, hyperpigmentation, texture, laxity, dullness, and skin imperfections. This peel yields instant gratification with no social downtime. 30 Minutes - **\$150**

MICROPEEL PLUS (SALICYLIC 20% OR 30%) | This treatment provides a unique one-step, self-neutralizing chemical exfoliation designed to reduce acne and help correct environmental skin damage. Formulated with a combination of salicylic acid to refine pores and help reduce the appearance of acne and glycolic acid to aid in the improvement of rough texture, blotchiness, and uneven skin tone. One week following, skin will undergo its renewal process where light to moderate peeling may occur for up to 3 days. This is a great treatment for active acne, cystic acne, and acne scarring. 30 Minutes - **\$150**

PEACEFUL PEEL | This treatment includes a Viva Express Facial with the addition of a glycolic or salicylic peel that is formulated with Mediterranean apple vinegar, apricot and peach extracts. Increases moisture levels, accelerates the cell renewal process, stimulates collagen and improves skin elasticity. Leaves your skin smooth, even and at peace! There is no social down time for this peel.

30 Minutes - **\$110** ADD CHEST, NECK & DÉCOLLETÉ PEEL FOR **\$55**

CLINICAL ORGANIC PEELS | These treatments include a Viva Express Facial with the addition of one of our organic Eminence Peels. There is no social downtime for these peels. Choose between:

- **ORGANIC ARCTIC BERRY PEPTIDE PEEL** | A 2-step peel system that deeply exfoliates, refines and evens out skin tone by reducing the appearance of inflammation and redness. This is the ultimate organic peel; highly recommended, safe and effective for all skin conditions. A blend of botanical stem cells, polypeptides, and antioxidant-rich plants correct the visible signs of aging, while essential vitamins, minerals and Omega-3 fatty acids replenish the skin's moisture and restore the youthful glow of healthy skin. 30 minutes - **\$135**
- **ORGANIC BLUEBERRY DETOX PEEL** | This naturally exfoliating peel deep cleanses pores and tones the skin, while safely detoxifying cells and boosting oxygen. The combination of raspberry juice, blackberry juice and pineapple extract is high in vitamins and antioxidants that will nourish and refresh the skin as well as improve the skin's texture. 30 Minutes - **\$120**
- **ORGANIC YAM & PUMPKIN PEEL** | Contains a 20% glycolic and lactic acid blend; a highly refining and collagen-boosting treatment with active vitamins and bioflavonoids. This deeply hydrating treatment leaves the skin plumper and more refined, while assisting in the correction of hyperpigmentation. 30 Minutes - **\$120**

For Optimal results, a series of 6 peels is recommended. Buy 5 and receive the 6th for free.

ENHANCE YOUR SKIN TREATMENT

Upgrade any Facial to Organic \$12	Glycolic or Salicylic Peel \$45
Hand Hydration Treatment \$12	Organic Yam & Pumpkin Enzyme Peel \$50
Organic Exfoliating Lip Treatment \$15	Organic Blueberry Detox Peel \$50
Organic Emollient Eye Treatment \$15	Organic Arctic Berry Peptide Peel \$60
15 Minute Lavender Scalp Treatment \$30	Neck, Chest and Décolleté Peel \$55
15 Minutes of Extractions \$30	Face Microdermabrasion* \$60
Organic Clear Skin Peel \$20	Dermaplaning \$65
Organic Firm Skin Peel \$20	

**Microdermabrasion also offered on other areas*

FOR YOUR HEALTH: We do not perform peels or microdermabrasion on pregnant women or guests who are using Retin A, Accutane, Avage, Tazorac, Differin or any other medication that increases skin exfoliation or compromises the skin. Peels cannot be performed on people who have recently had laser treatments, plastic surgery, or sunburn.

SPA PACKAGES

THE HEAD TRIP | A no-brainer for headache relief, this massage intensive spa package uses techniques to melt headache pain and tension in the head, neck and upper body. 80 Minutes - **\$160**

- 60 Minute Intensive Lavender Lotus Upper Body Massage
- Hot Herbal Steam Towel Treatment
- Express Reflexology for Hands & Feet (specifically for headache relief)
- Viva Magic Mint Scalp & Cranial Massage
- Served with Peppermint Tea & Chocolates

Add 15 Extra Minutes of Massage - **\$25**

Add Custom Designer Facial - **\$115**

THE MANDATORY SPA PACKAGE | Man heaven! The MANDatory Spa Package was designed with guys in mind, from the muscle-melting Deep Tissue massage to the reflexology for tired, aching feet. It's guaranteed to tame even the manliest of men. 95 Minutes - **\$205**

- Sauna with Cool Peppermint Towels
- 60 Minute Deep Tissue Massage
- Hot Herbal Steam Towel Treatment
- Viva Magic Mint Scalp Treatment
- Warm Back *or* Foot Sugar Scrub
- Peppermint/Ginger Express Foot Reflexology
- Served with Green Tea & Chocolates

Add a MANDatory Custom Facial - **\$115**

Add an Express Manly-Cure - **\$25**

MOTHER NURTURE SPA PACKAGE | Also known as the Momma Needs Some Love Spa Package! Mom's nurturing experience includes everything she needs to relax, feel calm and escape for a little while. Remember, if Momma ain't happy, ain't nobody happy. 95 Minutes - **\$205** | Make it a Deluxe Mother Nurture Spa Package with a Deluxe Viva Pedicure – 2 Hours 35 Minutes - **\$280**

- 60 Minute Massage (Swedish, Deep Tissue or Pregnancy)
- Lavender Scalp Treatment
- Full Body Dry Brush Exfoliation
- Light Body Wrap with Oils of Lavender, Grapefruit, Coriander & Vitamin E
- Hot Herbal Steam Towel Treatment
- Cocoa Butter Foot Hydration Treatment
- Take Home Natural Bristle Dry Brush
- Served with choice of Tea & Chocolates

Add a Deluxe Viva Manicure - **\$55**

Add an Organic Custom Designer Facial - **\$127**

CELEBRATION SPA PACKAGE | Whether a birthday, anniversary, engagement – or any special day – mark the occasion with this super-duper spa package experience. It's a splendid way to celebrate you! 3 Hours 45 Minutes - **\$305**

- 60 Minute Swedish Massage
- Warm Stone Massage on Back, Shoulders & Neck
- Viva Custom Designer Facial
- Deluxe Viva Pedicure
- Served with Wine, Hot Tea & Chocolates

Upgrade to Deep Tissue or Sports Massage - **\$10**

Add 30 Extra Minutes of Massage - **\$45**

Add a Deluxe Viva Manicure - **\$55**

SPA PACKAGES CONT.

DELICIOUS DUET SPA PACKAGE | Great for one, better for two! The Delicious Duet is our most popular spa package with couples – whether you bring along a friend or someone special. Kiss your stress goodbye with this tasty combo of detoxifying and rejuvenating Swedish massage, body treatments, warm sugar foot and calf scrub and so much more. Mmmmm, it's Vivalicious!

2 Hours 20 minutes - **\$260 SINGLE / \$500 FOR TWO**

- Sauna with Cool Peppermint Towels
- 75 Minute Swedish Massage
- Oh So Coconut-Vanilla Body Wrap
- Full Body Dry Brush Exfoliation
- Hot Herbal Steam Towel Treatment
- Warm Cocoa Butter Hand Hydration Treatment
- Viva Magic Mint Scalp Treatment
- Warm Sugar Foot and Calf Scrub
- Take Home Natural Bristle Dry Brush
- Served with Hot Spiced Chai & Chocolates

Add 15 Minutes of Massage - **\$25** | Add Viva Custom Facial - **\$115**

Add Deluxe Viva Pedicure - **\$75**

BRIDAL BLISS SPA PACKAGE | Tailor made for the blushing bride-to-be, her bridal party, or to beautify for *any* special occasion. Here comes the bride... to de-stress and unwind! 4 Hours 15 Minutes - **\$360**

- 60 Minute Swedish Massage with Magic Mint Scalp Treatment
- Hot Herbal Steam Towel Treatment
- Back and Shoulder Sugar Scrub
- Foot and Calf Sugar Scrub
- Special Event Facial
- Express Manicure & Pedicure Combo
- Served with Wine , Hot Tea & Chocolates

Upgrade to a Red Carpet Facial* - **\$85**

Upgrade to a Viva Deluxe Mani and Pedi Combo - **\$25**

Add 30 Extra Minutes of Massage - **\$45**

Upgrade to Deep Tissue, Sports or Pregnancy Massage - **\$10**

Upgrade to French or American Polish on Hands or Feet - **\$10**

**should be performed at least 3 days prior to event*

VIVAFY SPA PACKAGE | Two of Viva's Classic Signature Services combined for a perfect Viva Day. Served with Choice of Tea & Chocolates. 3 Hours - **\$315**

VIVA SIGNATURE MASSAGE

- 75 Minute Swedish + Deep Tissue Fusion Massage
- Magic Mint Scalp Treatment
- Hot Herbal Steam Towel Treatment

AND

VIVA VITAL ULTIMATE FACIAL

- 90 Minute Facial
- Full-Face Microdermabrasion or Choice of Peel*
- Organic Lip & Eye Treatment
- Hand Hydration Treatment

THE VIVA DIVA | If only the best will do! Voted Austin's Best Spa Package, this 6.5 Hour relaxation journey will sweep you away to a worry free zone and transform you into a true Viva Diva. 6 Hours 30 Minutes - **\$525**

- Sauna with Cool Peppermint Towels
- 90 Minute Swedish Massage
- Back and Shoulder Sugar Scrub
- Hot Herbal Steam Towel Treatment
- Full Body Dry Brush Exfoliation
- Choice of Hydrating Body Wrap – choose from: Lavender Lotus, Dreamsicle (orange/vanilla), Oh So Coconut-Vanilla, Gingerizer (peppermint/ginger), Sublime Ginger/Lime
- Viva Magic Mint Scalp Treatment
- Express Foot Reflexology Treatment
- Viva Custom Designer Facial
- Deluxe Manicure and Pedicure
- Served with Lunch
- Served with Hot Tea, Wine & Chocolates

*voted best
spa package
in Austin
by Austin
Monthly
Magazine*

ENHANCE YOUR SPA PACKAGE EXPERIENCE

Upgrade to Deep Tissue, Sports or Pregnancy Massage \$10

30 Extra Minutes of Massage \$45*

Express Viva Manicure \$40

Deluxe Viva Manicure \$55

Express Viva Pedicure \$60

Deluxe Viva Pedicure \$75

Express Facial \$80

Custom Designer Facial \$115

**for Spa Packages with 60 minute massages only*

POLISH UP

NAILS

Natural Nails for Hands and Feet. Pamper your hands and feet with a variety of luxurious natural nail treatments. Simply the best nail services Austin has to offer! All nail treatments include a warm neck pillow, white wine and fine chocolates – Vivalicious!!

HANDS

BUFF AND POLISH CHANGE | A quick fix. Light cuticle maintenance plus nail buffing and a polish change. 20 Minutes - **\$25**

EXPRESS VIVA MANICURE | Great for those on the go. This manicure includes a hand soak, nail shaping, cuticle care, buffing, a relaxing hand massage with warm cream and long lasting polish of your choice. Buffing to a natural gloss is available if you do not desire polish. 30 Minutes - **\$40**

DELUXE VIVA MANICURE | The supreme hand experience. This ultimate pampering includes a warm hand soak, a warm invigorating sugar exfoliation and a Hot Herbal Steam Towel Treatment. Also includes extended nail shaping, cuticle care, buffing, a warm invigorating sugar scrub for hands and forearms and long lasting polish of your choice. Buffing to a natural gloss is available if you do not desire polish. 60 Minutes - **\$55**

VIVA SHELLAC MANICURE | Long lasting, mirror shine polish that even a warrior woman can't chip! Our 45 minute Express Manicure with Shellac polish includes nail shaping, cuticle care, buffing and a relaxing hand massage. For your safety, we use LED light during this treatment rather than UV light (which can be harmful to the skin). 45 minutes - **\$60**

EXPRESS VIVA MANLY-CURE FOR MEN | A quick fix for fellas who take care of their fingers! This very basic manicure includes cuticle treatment, nail shaping and a natural nail buff. 20 Minutes - **\$25**

FEET

BUFF AND POLISH CHANGE | A quick fix. Light cuticle maintenance plus nail buffing and a polish change. 20 Minutes - **\$30**

EXPRESS VIVA PEDICURE | A quick fix when you don't have time for the Deluxe. Relax in our pedicure throne with a warm neck pillow and soak your feet in a whirlpool foot bath while sipping on a glass of white wine, hot tea, or fruit-infused water. Also includes nail shaping, foot filing, cuticle care, a moisturizing foot massage and long lasting polish of your choice or buff to a natural gloss. 45 Minutes - **\$60**

DELUXE VIVA PEDICURE | The supreme foot overhaul! Relax on our deluxe pedicure throne with a warm neck pillow and soak your feet in a whirlpool foot bath while sipping white wine and eating fine chocolate. Includes detailed nail shaping, extended foot filing, cuticle care and a warm cream foot massage. Features a Hot Herbal Steam Towel Treatment, an exfoliating warm sugar glaze for feet and calves, plus long lasting polish or buff to a natural gloss. Sure to put the bounce back into your step! 60 Minutes - **\$75**

Add an extra 15 minutes of foot filing for dry, cracked heels - **\$20**

EXPRESS VIVA MANICURE AND PEDICURE COMBINATION

Viva's Express Manicure and Express Pedicure combination. 1.25 Hours - **\$95**

DELUXE VIVA MANICURE AND PEDICURE COMBINATION

Viva's Deluxe Manicure and Deluxe Pedicure combination. 2 Hours - **\$120**

ENHANCE YOUR NAIL TREATMENT

French or American Polish for Hands or Feet \$10

Shellac Polish - \$10

Hand or Foot Hydration Treatment \$12

15 Extra Minutes of Foot Filing for Dry, Cracked Heels \$20

15 Extra Minutes of Hand or Foot Massage \$20

Massage with Warm Stones on Feet and Calves \$25

FOR SHELLAC OR GEL REMOVAL: Please notify us if you currently have shellac, gel, S&S or Solar nails. In order to remove shellac or gel we must book an extra 15-30 minutes which is \$15-\$30.

**We cannot remove or fill Solar nails but we are happy to change polish.*

TINTING

Eye Brow Tint \$25

Eye Lash Tint \$35

HAIR REMOVAL

	WAX	SUGAR
Ab Trail	\$15	\$20
Arm (Full)	\$60	\$70
Arm (Half)	\$45	\$55
Back	\$70	\$80
Back (Partial)	\$35	\$40
Bikini	\$55	\$60
Racy Bikini	\$70	\$75
Brazilian	\$80	\$90
Brazilian Touch-Up*	\$65	\$75
Brow	\$25	\$28
Brow Shaping	\$35	\$38
Chest	\$75	\$85
Chin	\$18	\$22
Face (Side)	\$25	\$30
Face (Full) - Includes Lip/Brow	\$65	\$75
Leg (Half)	\$60 & up	\$70 & up
Leg (Full)	\$95 & up	N/A
Leg (Full) & Bikini	\$150 & up	N/A
Leg (Full) & Brazilian	\$175 & up	N/A
Lip	\$18	\$22
Stomach	\$25	\$30
Underarms	\$35	\$40

* Must be booked within 4 weeks of previous service

FOR OPTIMAL HAIR REMOVAL RESULTS: Hair should be between 1/4" and 1/2" in length. If your hair is longer, we recommend trimming prior to reservation. After hair removal, we recommend avoiding sun exposure and excessive sweating to lessen the chances of bacterial infection.

FOR YOUR HEALTH AND COMFORT: We do not wax or sugar guests who are using Retin A, Accutane, Avage, Tazorac, Differin or any other medication that increases skin exfoliation or compromises the skin. Also, waxing or sugaring cannot be performed on people who have recently had laser treatments, plastic surgery, or sunburn.

MEDICAL SPA SERVICES

COSMETIC INJECTABLES

Botox and Dysport

Restylane, Juvederm, Voluma, Vollure and Volbella Dermal Fillers

Kybella (Double Chin Treatment)

SKIN REJUVENATION

HydraFacial | Microneedling | Chemical Peels

LASER TREATMENTS

IPL Photofacial | Laser Hair Removal

Laser Tattoo Removal | Toe Nail Fungus Removal

SCHEDULE A FREE CONSULTATION | 512 300-2256

We founded Viva Day Spa with the idea that a first-class day spa could deliver the finest services for the mind, body and spirit in an environment that is warm, relaxing and – above all – unpretentious. As a woman and locally-owned business, we're dedicated to providing every guest the individual attention and service you expect and deserve.